

## Institute for Low Back & Neck Care

Locations: Minneapolis, MN; Plymouth, MN

Web site: www.ilbnc.com

Affiliated hospitals: Abbott Northwestern Hospital, United Hospital

Affiliated same-day surgery centers: Abbott Northwestern Outpatient, CDI Twin Cities ASC, Institute for Low Back & Neck Outpatient Surgery, St. Cloud Surgical Center, St. Paul Radiology

|  | <b>Key:</b> (–) = Information not<br>submitted, (N/A) = Not<br>applicable |
|--|---|
| Service Capabilities   |   |
| Offers weekend/evening appointments  | Yes (all sites)   |
| Offers free, on-site parking   | Yes (all sites)   |
| Uses electronic medical records (EMR)  | Yes (all sites)   |
| EMR is certified by the Certification Commission for Healthcare Information Technology         |   |
| Has a formal process for communicating with a patient's referring physician (for providers     | Yes (all sites)   |
| who see referred patients)   |   |
| Uses an electronic system for tracking lab tests to ensure ordered tests are completed         | -   |
| Uses an electronic system for tracking imaging tests to ensure ordered tests are completed     | _   |
| Provides health prevention or treatment information to patients via print or video materials   | Yes   |
| Offers classes on various health topics (or, if a single-provider practice, refers patients to | No  |
| organizations that provide classes)  |   |
| Uses an electronic tool for prescribing medications  | No  |
| Top five conditions handled:   |   |
| 1. Herniated disk  |   |
| 2. Spinal stenosis (narrowing of the spine)  |   |

| 3. Chronic back pain  |                          |
|---|--------------------------|
| 4. Spondylolysis (defect in the posterior part of the spine)                            |                          |
| 5. Sciatica   |                          |
| Top five conditions seen that require surgery:  |                          |
| 1. Herniated disk   |                          |
|   |                          |
| 2. Spinal stenosis  |                          |
| 3. Spondylolysis  |                          |
| 4. Lumbar degeneration  |                          |
| 5. Cervical degeneration  |                          |
| Top three surgeries performed:  |                          |
| 1. Discectomy   |                          |
| 2. Lumbar fusion  |                          |
| 3. Cervical fustion   |                          |
| Percent of surgeries/procedures that require additional unplanned corrective work       | -                        |
| Has a written strategy to address issues of health disparities                          | No                       |
| Has nurse practitioners or physician assistants   | Yes (all sites)          |
| Participates in clinical trials/research activities Yes,                                | lumbar degeneration disk |
|   | disease                  |
|   |                          |
| Quality Improvement Activities  |                          |
| Has a written quality improvement program   | No                       |
| Has an active quality improvement committee   | Yes                      |
| Top three issues being addressed:   |                          |
| 1. Medication used for injection therapy  |                          |
| 2. Types of needles used for injection therapy  |                          |
| 3. Standard nomenclature to be used among physicians                                    |                          |
| Compares individual physician's performance with the performance of other physicians in | Yes                      |
| the clinic  |                          |
| Compares clinic's performance with the performance of other similar organizations       | No                       |
| Has processes in place for:   |                          |
| <ul> <li>identifying adverse incidents</li> </ul>                                       | Yes                      |
|   | Yes                      |
| <ul> <li>reporting adverse incidents</li> </ul>   |                          |
| <ul> <li>reporting adverse incidents</li> <li>analyzing adverse incidents</li> </ul>    | Yes                      |
|   |                          |

| Measures patient satisfaction                                      | Yes             |
|--|-----------------|
| Results are available for viewing                                  | No              |
|  |                 |
| External Recognition   |                 |
| Received recognition(s) for best practices or quality measures     | No              |
| Certified or accredited by external organizations                  | No              |
|  |                 |
| Web Tools and Information  |                 |
| Offers the following electronically:                               |                 |
| Appointment scheduling   | Yes (all sites) |
| E-visits   | No              |
| Payment processing   | No              |
| Prescription refill requests                                       | No              |
| Ability to communicate with patients via secure e-mail             | No              |
| Communication of test results (lab results, etc.)                  | No              |
| Reminders for routine visits                                       | No              |
| Blogs or online support groups                                     | No              |
| Requests for copies of medical records                             | No              |
| Online access to medical records                                   | No              |
| Other  | No              |
| Clinic's Web site offers the following information:                |                 |
| Profiles of physicians/clinicians                                  | Yes             |
| Registration materials   | Yes             |
| Downloadable forms   | No              |
| Patient satisfaction data  | No              |
| Pricing information  | No              |
| Research information on conditions treated                         | Yes             |
| Information is based on original research performed by this clinic | No              |
| Conditions addressed   | -               |
| Offers Wi-Fi access  | No              |
|  |                 |
| Physical Therapy-Specific Information                              |                 |
| Areas of expertise   | _               |
| Certification(s) therapists have received                          | -               |

| Treatment philosophy                                       | _ |
|--|---|
| Facility offers on-site:                                   |   |
| Gym/exercise equipment                                     | — |
| Swimming/therapy pool                                      | — |
| Whirlpool  | — |
| Massage therapy  | — |
| Physician oversight  | — |
| Other  | - |
| Patients can access amenities after treatment is completed | — |
| Chronic low-back pain                                      |   |
| Average number of visits to treat                          | — |
| Percent of patients referred on to surgery                 | - |
| Percent of patients treated who've already had surgery     | — |
| Acute low-back pain  |   |
| Average number of visits to treat                          | _ |
| Percent of patients referred on to surgery                 | _ |
| Percent of patients treated who've already had surgery     | _ |